HB45 ENROLLED



- 1 TBNP55-3
- 2 By Representative Gray
- 3 RFD: Children and Senior Advocacy
- 4 First Read: 07-Mar-23
- 5 PFD: 23-Feb-23
- 6 2023 Regular Session



1 Enrolled, An Act,

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4 Relating to K-12 school sports; to create the Tyrell 5 Spencer Act; to require coaches to undergo training and follow all health and safety guidelines related to sudden cardiac 6 7 arrest; to require the training to be coordinated with existing training requirements related to CPR and automated 8 9 external defibrillators (AEDs); to require the State Board of Education to approve training requirements and adopt 10 11 guidelines and information sheets regarding sudden cardiac arrest and distribute those information sheets to student 12 13 athletes, parents, and coaches; to authorize the Alabama High 14 School Athletic Association and the Alabama Independent School 15 Association to provide the training; to allow for the removal from play of student athletes who exhibit symptoms of sudden 16 17 cardiac arrest; to require student athletes and parents to 18 acknowledge receipt of informational materials related to

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BE IT ENACTED BY THE LEGISLATURE OF ALABAMA:

Section 1. This act shall be known and may be cited as the Tyrell Spencer Act.

sudden cardiac arrest; and to encourage AED availability.

Section 2. For the purposes of this act, the following terms have the following meanings:

- 25 (1) AHSAA. The Alabama High School Athletic 26 Association.
- 27 (2) AISA. The Alabama Independent School Association.
- 28 (3) ATHLETIC ACTIVITY.



- a. This term includes any of the following activities:
- 1. Interscholastic athletics at any school.
- 2. Any athletic contest or competition other than
 interscholastic athletics that is sponsored by or associated
 with a school, including club-sponsored sports activities.
- 34 3. Competitive or noncompetitive cheerleading that is sponsored by or associated with a school.
- 4. Any practices, including interscholastic practices or scrimmages for any activities listed in this subdivision.
 - b. This term does not include any recreational sports activity that is not associated with a school, including a city or county recreational youth sports league.
- 41 (4) BOARD. The State Board of Education.

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- 42 (5) SCHOOL. Any public or private K-12 school.
- 43 (6) STUDENT ATHLETE. A student who is enrolled in a
 44 K-12 school and participates in any athletic activity.
 - Section 3. (a) The board shall adopt guidelines to inform and educate student athletes, parents, and coaches about the nature and warning signs of sudden cardiac arrest, including the risks associated with continuing to participate in or practice an athletic activity after experiencing symptoms, as outlined by the required training.
 - (b) The board shall develop a cardiac arrest symptoms and warning signs information sheet to be provided to each student athlete participating in an athletic activity.

 Beginning with the 2024-2025 school year, before any student athlete may participate in any athletic activity, the student athlete and his or her parent or guardian shall sign and



57 return to the student athlete's school an acknowledgement form 58 acknowledging their receipt and review of the information 59 sheet. The acknowledgment form shall be developed by the AHSAA 60 for its member schools and the AISA for its member schools. As part of the student athlete's eligibility requirements, a new 61 62 acknowledgment form shall be signed and returned to the 63 applicable school at the beginning of each school year in 64 which the student athlete intends to participate in an athletic activity. Each acknowledgment form shall be kept in 65 the school's online eligibility software program. 66

- (c) In developing guidelines and materials, the board may use educational materials created by Simon's Heart for the purpose of educating student athletes, parents, and coaches about sudden cardiac arrest.
- 71 (d) The board, the AHSAA, and the AISA shall post any 72 guidelines or materials developed pursuant to this act on the 73 publicly accessible website of the entity.

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Section 4. Each local board of education may hold an informational meeting for student athletes, parents, coaches, and other school officials prior to the start of each athletic season regarding the symptoms and warning signs of sudden cardiac arrest. Informational meetings may include, but are not limited to, presentations from physicians, pediatric cardiologists, and athletic trainers.

Section 5. (a) (1) Beginning with the 2024-2025 school year, once every two years, each coach of any athletic activity shall complete a cardiac arrest training course provided by the AHSAA for its member schools and by the AISA



- 85 for its member schools. The training shall be approved by the
- 86 board, and, if the board chooses, may include the course
- 87 produced by Simon's Heart and made available through the
- 88 National Federation of State High School Associations.
- 89 (2) The training shall be in correlation with any other
- 90 training required by the relevant school association related
- 91 to cardiopulmonary resuscitation (CPR) and automated external
- 92 defibrillators (AEDs).
- 93 (b) A coach of any athletic activity may not be
- 94 eligible to coach in any practice or competition until he or
- 95 she has completed the training course required under this
- 96 section.
- 97 Section 6. (a) An athletic trainer, coach, or other
- 98 responsible party may remove any student athlete who, during
- 99 any athletic activity, exhibits any symptoms identifiable by
- 100 the required training if the trainer, coach, or other
- 101 responsible party reasonably believes that the student
- 102 athlete's symptoms are cardiac related. If a student athlete
- 103 is removed from an athletic activity for the reason described
- in this subsection, an athletic trainer, coach, or other
- 105 responsible party who observed the student athlete exhibit the
- 106 symptoms shall attempt to notify the student athlete's parent
- 107 or guardian of those symptoms.
- 108 (b) A student athlete who is removed from participation
- in an athletic activity pursuant to this section may not be
- 110 permitted to return to play until he or she has been evaluated
- 111 by a licensed physician and receives written clearance to
- 112 return to play from the licensed physician.



113	Section 7. The sponsors of recreational youth athletic
114	activities are encouraged, but not required, to follow the
115	guidelines provided in this act.
116	Section 8. The Legislature encourages the availability
117	of an automated external defibrillator (AED) within three
118	minutes retrieval time at any athletic activity.
119	Section 9. This act shall become effective on the first
120	day of the third month following its passage and approval by
121	the Governor, or its otherwise becoming law.



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125		Speaker of the House of Rep:	resentatives		
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133		House of Representatives			
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135		I hereby certify that the within Act originated in and			
136		ssed by the House 20-Apr-23 as amended.			
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138		John T	readwell		
139		Clerk			
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147	Senate	11-May-23	Passed		